

## **TOURS THAT WILL BE OFFERED TO LSWO MEMBERS AND THEIR FAMILIES**

### **TOUR 1- MONTE ALBÁN**

**DATE:** Thursday, February 22, 2024

**Departure:** 2:30 PM from Extensión UNAM

**Return:** 6:45 PM

We board the vans to the town of Zaachila for a buffet lunch of typical oaxacan dishes and hand made fresh tortillas. From there we head to the Archaeologic Site of Monte Alban, one of the largest, oldest and most important cities of Mesoamérica, founded around 500 BC. It was for 1200 years the political, commercial, and religious center of the Zapotec people.

This visit requires a special permit as the site closes at 5PM, so you will have the unique opportunity of visiting Monte Albán off- hours, with no tourists.

**COST:** \$1400 pesos (approximately \$82.00 USD)

Includes: transportation, lunch, entry tickets to site off hours, English speaking guide.

### **TOUR 2- TEOTITLÁN DEL VALLE**

**DATE:** Friday, February 23, 2024

**DEPARTURE:** 2:30 PM from Extensión UNAM

**Return:** 7:15 PM

We board the vans and head to the Zapotec town of Teotitlán del Valle, famous for its hand-woven carpets made of wool, on pedal looms. You will have lunch in a local restaurant, with a beautiful patio, which offers excellent local cuisine, and then you will visit the artisans' workshops where you will be given a full demonstration of the different stages to produce these magnificent carpets as well as other textiles.

**COST:** \$1200 (approximately \$70.00 USD)

Includes: transportation, lunch, demonstration.

### **TOUR 3- MEZCAL EXPERIENCE**

**DATE:** Friday, February 23, 2024

**Departure:** 2:30 PM from Extensión UNAM

**Return:** 6:45 PM

We head directly to the Palenque (the name of the place where they produce the mezcal), where you will have lunch. You will walk through the fields where you'll be introduced to the different types of magueyes that are good for producing mezcal, and their cultivation process. From there you go to the processing plant for a full explanation of the several stages for making the famous spirit. At the end you will have a tasting of different types of mezcal.

**COST:** \$1200 (approximately \$70.00 USD)

Includes: transportation, lunch, tasting, demonstration.

#### **TOUR 4- ALEBRIJES**

**Date:** Saturday, February 24, 2024

**Departure:** 12.30 PM from Extensión UNAM

**Return:** 6:00 PM

You will head to the quaint Zapotec village San Martin Tilcajete (1 hour), where most of the people are dedicated to making these mythological animals, carved in wood and painted by hand. You will go to the famous workshop of Jacobo and María Angeles, who have founded a school where they teach the different stages of the making of these mythological animals. You will first have lunch in a restaurant in the village and then go to the workshop to paint your alebrije. Your alebrije will correspond to your nahual, according to the Zapotec calendar.

There is also a great display of different crafts of the valley of Oaxaca.

**COST:** \$1500 (approximately \$88.00 USD)

Includes: transportation, lunch, the alebrije and all necessary painting materials, guide

#### **TOUR 5: Temazcal – Ritual Steam bath**

**Dates:** Friday, 23 and Saturday 24, 2024

**Departure:** 3:00 from Extensión UNAM

**Return:** 6:30 PM

You will experience a traditional bath in a temazcal out in the countryside (Tlalixtac). In a closed and dark space, you will enter mother earth's womb, to reflect, forgive, thank, take consciousness of your body, your mind and feelings, and sing to life.

Not recommended if you have claustrophobia.

Please bring towel, sandals, shorts or swimsuit, bottle of water.

This experience is for maximum 17 people, so we are offering this tour on two days.

**COST:** \$1300 pesos (approximately \$76.00 USD)

Includes: transportation, Temescal and all necessary herbs for cleansing.

#### **BOOKING YOUR TOUR**

1- In order to book the best guides and vehicles, and save the date with the artisans involved, you have to please confirm which tours you want to take, by sending me your names, number of participants and if you require special assistance, before January 20th 2024 via email at [oaxaca@equis-o.com](mailto:oaxaca@equis-o.com). I will not accept confirmations via whatsapp.

2- All departures will be from Extensión UNAM, the same place where you have your morning activities. Please consider this is located on 2 mains avenues, so boarding will have to be done swiftly. You will be dropped off a few blocks away, where the vans can park safely.

3- All vans have a maximum capacity of 19 people, and this is how each group will be conformed, with its own guide.

4- Once you've confirmed, you can cancel or increase the number of people before January 30th. After that, all tours are considered confirmed, and you will have to pay the full amount whether you take the tour or not.

5- Children between 2 and 8 years old, pay half price. Babies under 2 are free.

6- **PAYMENTS:** Unfortunately making international bank transactions to send money to Mexico is too costly, due to commissions and very bad exchange rates. So we are trusting in your good faith, and ask you to pay for your tours upon arrival in pesos and in cash.

You will be informed at a later stage the exact location of where to make that payment.

I am carefully planning these tours to meet your expectations. I've chosen the most authentic experiences and the best English-speaking guides.

I am sure you will have a wonderful time and get to meet interesting people along the way.  
¡Aquí los esperamos en Oaxaca!

Gisele Pérez Moreno Email: [oaxaca@equis-o.com](mailto:oaxaca@equis-o.com)

**Responsible Tourism Program**  
Fundación En Vía

***Fundación En Vía is a non-profit organization that works to empower women to better support themselves and their families. They use funds generated through responsible tourism to provide interest-free loans and educational programs to entrepreneurial women in 5 communities in the Tlacolula Valley of Oaxaca, Mexico.***

**1. Viernes 23 de febrero, 2024 (3:00 pm -7:00 pm) 3 TOURS (11 personas por grupo)**  
**Itinerario:**

Comida en Teotitlán del Valle con una de las mujeres emprendedoras de En Vía  
Visita a una mujer artesana (tapetes)  
Visita a una mujer emprendedora (el negocio puede variar)  
Costo: \$50.00 USD

**Friday, February 23, 2024 (3:00 pm -7:00 pm) 3 TOURS (11 people per group)**  
**Itinerary:**

Lunch in Teotitlán del Valle with one of the entrepreneurial women from En Vía. The entrepreneur will share about her experience in the program. She will talk about her business and side projects.  
Visit to an artisan woman (hand-woven rugs)  
Visit a woman entrepreneur (business may vary)

**2. Sábado 24 de febrero, 2024 (01:00 pm-6:00 pm) 3 TOURS (11 personas por grupo)**  
**Itinerario:**

Comida en Teotitlán del Valle con una de las mujeres emprendedoras de En Vía  
Plática con la mujer que ofrece comida acerca de su negocio y proyectos alternos  
Visita a una mujer artesana (tapete)  
Visita a una mujer emprendedora (el negocio puede variar)  
Costo: \$50.00 USD

**Saturday 24th (01:00 pm-6:00 pm) 3 TOURS (11 people per group)**  
**Itinerary:**

Lunch in Teotitlán del Valle with one of the entrepreneurial women from En Vía. The entrepreneur will share about her experience in the program. She will talk about her business and side projects.  
Visit to an artisan woman (hand-woven rugs)  
Visit a woman entrepreneur (business may vary)

**PAYMENT:**

The cost per person is 50.00 USD for each tour. This includes food and transportation.

Make your reservation by emailing at [responsibletours@envia.org](mailto:responsibletours@envia.org), Please provide the following information: names of the participants and if you require special assistance before January 20th. Once the reservation is made, they will send you an invoice via PayPal so you can make the payment.

**Fundación En Vía Tours will depart from their main office, Avenida Benito Juárez 909, RUTA INDEPENDENCIA, Centro, 68000 Oaxaca de Juárez, Oax., Mexico.**

**\*En Via is about a 15-minute walk from Extensión UNAM**